

Does someone in your life have a problem with substance abuse or addictive behavior?

There is a better way to support your loved one.

ILLUMINATION

An experiential weekend of transcending addiction.

ILLUMINATION is a cutting-edge experiential learning seminar designed specifically for people who love someone with a substance abuse disorder or behavioral addiction. The program addresses the unique—and uniquely challenging—situations, conflicts, and conundrums faced by someone who loves an addict, be it your spouse, child, parent, friend or other family member. Illumination is designed to help you:

- Break out of long-standing ruts and frustrating patterns.
- Decide on your true priorities and set empowering goals.
- Embrace a new framework of healthy communication.
- Learn to feel compassion for yourself and others.
- Connect with people who are having a similar experience.
- Become invigorated and inspired to make a difference.

ILLUMINATION takes place **September 14-16, 2017** in Las Vegas, Nevada:

Thursday, September 14	6:00 PM – 10:00 PM
Friday, September 15	9:00 AM – 9:00 PM
Saturday, September 16	9:00 AM – 9:00 PM

Join us at www.cognotion.com/illumination or call 1-765-505-4448.